



# Be Essential for Jesus

**Ephesians 2:10** For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

## Weekly Family Checklist Elijah and the Widow Trust – God provides what I need

As you prepare and go through the lesson, use this handy checklist to keep track of everything.

- Scripture** – Read through with your family
- Bible Story** – Available to watch on YouTube
- Family Chat Questions** – Use these to further discuss the scripture and Bible story. Use them all at one time or spread them out over the week.
- Family Activities**
  - Mirror Message** – use a dry erase marker or toothpaste
  - Make Homemade Playdough** – you will need ingredients to make playdough (see link)
  - Create a Family Cookbook** – you may choose to gather recipes in a notebook or binder
  - Play a Kitchen Guessing Game** – uses small amounts of sugar, salt, oil, water, and a variety of spices (for smelling)
  - Create a Sensory Bottle** – gather a plastic water bottle, food coloring, and use the oil and water from the guessing game, option to add glitter, beads, and small plastic items (see link)
  - Say Thank You to a Grocery Worker**
  - Scavenger Hunt** - included in packet
- Children's Independent Activities**
  - Create a Crazy Recipe**
  - Delivery Driver Thank You Poster** – you will need paper and coloring supplies
  - Make Your Own Placemat** – you will need paper and coloring supplies
  - Activity Sheets** - included in packet
- Snack Time** – you will need ingredients for edible playdough (see link) and different grain snacks and toppings
- Closing Prayer**
- Dive in Deeper** (Optional)
- Family Challenge** (dependent on individual church)
- Mission Project** (dependent on individual church)